

The Wealth Mastery Mindset

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WHO IS SASHA XARRIAN?

Sasha Xarrian is the author of the Outrageous Mastery® trilogy, which has been read in over 90 countries.

Outrageous Mastery® is the true story of woman who lost everything; her extended Mormon family, husband, home, money, friends, and the set of beliefs she had followed since birth.

Taking sole custody of her six children with no way to support them, she struggled to create a brand new formula for life, a new set of beliefs that would give her the certainty to create the life she yearned for.

And she did.

Not only did she create a life of wonder and vision, but she healed her son from a lifelong illness, developed a system for instantaneous communication with God/Higher Power, created vast amounts of money in very short periods of time, increased the love in her life by 1000%, constructed a new modus operandi for life, and created a legacy for generations.

Her story not only captivates people's hearts and souls but also drastically changes their lives. She receives emails from readers all over the world who are using her formulas to powerfully create in ways they never dreamt possible. (Many of them can be found at YourHomeForMastery.com)

Here are a few excerpts:

“Experiencing Outrageous Mastery is the most mind-blowing, life altering, Adventurous journey I could ever have dreamed!”

“What an incredible book It took my breath away!”

“It blew my door to power off its hinges!”

The Outrageous Mastery trilogy will amaze you, shock you, fascinate you – and have you seriously wonder and inquire into your own powers.

Check it out! YourHomeForMastery.com

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Quick disclaimer: Right now, in this economy, the conversation about money is an important one. I want you to know that this mini ebook is written out of total love for you and your family.

I'm not pulling any punches here. I'm not going to beat around the bush. I going to be totally honest, blunt and upfront with you. So please know that I'm doing this for you, your family and the life you deserve to live from here on out. And that I'm doing this out of complete love for you.

1. CAN YOUR BELIEFS CHANGE YOUR LIFE?

Can changing what you believe change your life?

ABSOLUTELY!

What others fail to realize is that their deep beliefs (usually the ones their parents had) determine how much money they make or don't make, who they marry, what kind of home they live in, the clothes they wear, the kind of car they drive and everything else.

Everything you do is controlled by your beliefs!

Our beliefs are our views, our judgments, our way of thinking, what we believe in, what we believe to be true or false, right or wrong, and our conclusions about life. Very seldom do we consciously choose our beliefs. We usually inherit them from our parents and environment.

I'm known for you using the line...

“Tell me your beliefs and I'll tell you what your life looks like. Or tell me what your life looks like and I'll tell you your beliefs.”

And you know what? I am spot on most of the time!

So....

Let's take some time right now to explore what some of your beliefs are and how they may be affecting your financial well being.

2. WHAT ARE YOUR BELIEFS?

Here is the problem. No one takes the time to determine exactly what their beliefs are.

So this may be the most important book you have ever read because in a few minutes you will know what your beliefs are about money. And once you know that, you are free to create new, empowering, money-enriching beliefs. And I'll show you how to do that.

My autobiography is called **Outrageous Mastery®** and it tells my story of going from near poverty to outrageous abundance and wealth. Oh yes, I was a single mother of six children (four teenagers) at the time. I had not graduated from college. I had never held a real job. But, I did learn how to create money – almost magically at times. At YourHomeForMastery.com you will find over a hundred pages of testimonials from readers around the world (in ninety countries). These people read my story, tried the techniques, and then created miracles in their own lives. You may want to check it out!

Right now though, I want to give you some simple secrets that will begin to dramatically change your financial life.

Let me warn you that what you read, right here, may shock you. It may challenge you and everything you have been taught to believe.

But that's a good thing!

If we want dramatic change in our lives, it is imperative that we decide to adopt completely different ways of thinking, speaking and acting.

You may want to argue with what I am about to share with you. If you do, you will remain stuck financially.

So decide **RIGHT NOW** to experiment with the new beliefs I am going to give you. Try them on. See how they feel. See what they bring to you.

You will also need to face some of your resentments - - - and fears - - - and jealousies - - - and envies - - - and the words your parents told you.

Are you ready?

Okay, here we go!

EXERCISE #1

Complete the following sentences. (If you did not print this mini ebook, please take out a sheet of paper or open up a document where you can write your answers.) This is an important step so please do not just skim over it. Complete it before moving on.

Thinking of money makes me feel _____

Because _____

My feelings about wealthy people are _____

Because _____

My feelings about starting a business or running my business are _____

Because _____

My feelings about Martha Stewart and her going to jail are _____

Because _____

Your responses will begin to reveal to you some of your deep-seated beliefs as we go through this book.

Next, I want you to imagine I am standing at the entrance to a room.

In this room is financial freedom. Everyone in this room is either financially free or on the direct path towards it.

I am going to invite you into this room in a few minutes. But I can only let you in if you agree to leave your old beliefs at the door and adopt new ones as you enter.

Because, you see, everyone in the room has similar beliefs. And I can't invite you in or let you stay if your beliefs are contradictory to everyone else in the room.

So here is what you will need to do.

I am going to list many beliefs and I want you to circle each one that feels true to you.

It is imperative to know and remember that these beliefs are not right or wrong - - nor are they good or bad. They are just beliefs.

It is also important that you know that you didn't choose them. They were given to you - usually at a young age and usually by your parents or other authority.

After years of believing your beliefs - - and seeing evidence of them being true - - they have become part of your bones.

The good news is we can choose to change our beliefs and we will immediately start seeing results.

With that said, let's move forward and talk a little bit more about beliefs....

You could even say that our beliefs create what we see all around us!

How could this be true?

Well, if I see someone speeding and trying to get around me in his big, diesel pickup truck and I believe that people who speed are rude and obnoxious, I will conclude that this “jerk” is rude and obnoxious.

On the other hand, if I am speeding and wanting to get around a guy in his big, diesel pickup truck who is going slow and causing a blockade so I can't pass, and I believe that people who go slow in the fast lane are rude and stupid, I will conclude that this “jerk” is rude and stupid.

Our beliefs create what we see all around us.

And we interpret life according to our beliefs.

Beliefs are powerful - - extremely powerful.

They control everything in our lives.

Knowing this, it is important to know that the most important thing is not whether your beliefs are right or wrong, or good or bad. The most important thing – by far – is being able to correctly “identify” your beliefs.

You can make the appropriate upgrades to them that will result in positive growth and/or outcomes.

EXERCISE #2

This is a very personal exercise. It is for your eyes only. And it is imperative that you truthfully identify every one of your beliefs around money and wealth.

Having said that, here are several lists of beliefs. Please circle (or write down) every one that feels true to you. This is a critically important step. So please invest this time for you.

1. You have to work hard or you won't make it.
2. Artists should not make money. It corrupts their art.
3. If I am an artist, I'll always struggle for money. You know, "the starving artist."
4. Money is bad.
5. Money corrupts.
6. If you have money, you are not a good person.
7. Money is the root of all evil.
8. I'm better than you if I don't have expensive things.
9. If that is what success and money means, then I don't want it!
10. It is wrong to talk about money.
11. Some people deserve money and others don't.
12. You shouldn't show off your money or what your money can buy.
13. You should live modestly.
14. You can't do what you love and make money. Or you shouldn't do what you love to try and make money.
15. It is better to give than receive!
16. I only have value if I can give something to people.
17. My value is in what I can give you.
18. It is just not possible for some people to create a lot of money – people like me.
19. It's hopeless.

20. Nobody can make it right now.
21. Money doesn't grow on trees.
22. Times are hard right now.
23. Money is not spiritual.
24. I can't be righteous or spiritual if I have money.
25. I can't let myself get too hopeful that things will change for me.
26. We always have enough and that's good enough.
27. Even if I get extra money, some problem will come up that will take it away.
28. It is an unfair world.
29. Some are born with more opportunities than others.
30. Money is hard to come by.
31. There is never enough money.
32. You have to do things you don't want to do to survive.
33. If I didn't have to earn money, I'd be doing something else with my life.
34. I'll never be able to create wealth.
35. My fate is to be poor.
36. There is not enough money to go around.
37. Only certain people are lucky enough to have a lot of money.
38. I don't need a lot of money - - other things are more important to me.
39. I may not like myself if I have money.
40. Easy come – easy go!
41. I don't deserve it.
42. It is hard to get.
43. You are either born into it or you got lucky or you had to work really, really hard.
44. The ordinary person is not capable of having a lot of money. It is not in the cards.

Now I want you to circle (or write down) all of the beliefs that you have about wealthy people. Keep in mind, there is no right or wrong answer and there is no one judging your answers, so be honest.

BELIEFS ABOUT WEALTHY PEOPLE

45. There will always be “classes” of people.
46. Wealthy people are “out of my league.”
47. I hate rich people.
48. Rich people are lazy.
49. Rich people think they are entitled.
50. Rich people are spoiled.
51. Wealthy people are condescending to everyone else.
52. Wealthy people have more advantages.
53. Rich people look at those without money like they are there to serve them.
54. Rich people are not spiritual – to be humble and not have a lot of money is Christ-like.
55. Lots of money corrupts you.
56. Lots of money makes you greedy.
57. Most people got their money through dishonest means.
58. I don’t have a high opinion of rich people.
59. They don’t have a comprehension of how others have to scramble for money just to live.
60. They have too much money!
61. All they struggle for is more, more, more versus those that struggle to live.
62. They are greedy.
63. They are wasteful.
64. They live in lah-lah land.
65. They don’t understand what reality really is.
66. They don’t understand what it is like to be responsible.
67. They don’t have empathy for those that don’t have money. They look down on them.
68. Most got there through a lack of moral or ethical means.

69. CEOs make 500 times their employees and that is wrong!
70. Wealthy people live on a disgusting level of greediness.
71. Wealthy people make money hurting other people.
72. To get ahead you would have to compromise your morals and “I know a lot have! It happens a lot!”
73. As far as Oprah, Donald Trump and Bill Gates are concerned, “They worked really hard for it, so it is okay.” (*If this is your belief, write it down.*)

74. Wealthy people who aren't worthy of their wealth are people like professional poker players and strip club owners - - anyone that makes their money by morally questionable means. They are wealthy because they sold out in some way.
75. If people are born into money they usually become drug addicts, get arrested, etc.
76. Those who have flashy, luxury home, cars, etc are less conscious, less aware, less evolved and less compassionate.
 - a. They are blind as to what is going on in the rest of the world.
 - b. They are shallow.
 - c. They are more concerned with their image in the world's eyes than the environment.
 - d. They are more focused on image and material wealth rather than love, relationships, spiritual growth and the things that really matter.
77. Wealthy people have compromised their relationships for the pursuit of money.
78. Wealthy people's lives are falling apart because they don't have a spiritual basis.
79. People trying to pretend they are better off or are someone they aren't, are FAKE & pretentious!
80. Money doesn't make you happy.

**IF YOU ARE AN ENTREPRENEUR OR DESIRE TO BE ONE,
PLEASE TAKE A MOMENT TO CIRCLE (or write down) THE ONES
BELOW THAT YOU BELIEVE TO BE TRUE BELIEFS AROUND
OWNING A BUSINESS - - -**

81. I should “give away” my products or services instead of charging for them.
82. Is what I have worth enough for people to pay me for them?
83. You are a better person if you give something away rather than selling it.
84. It is wrong to take money for things or services.
85. It is wrong to get paid for it.
86. Am I worth being paid
 - a. For my creations?
 - b. The big money?
87. People won't spend money right now – the economy is too bad.
88. Charging high prices when offering healing or spiritual work is not right.
89. Business people who are in the self-help industry and are successful are more concerned with money versus the value they are giving.
90. People won't give me money unless they see that I need it or am desperate.
91. If I am sacrificing for my mission and business, you should sacrifice with me.
92. It is wrong to not give money when people need it.
93. If someone loves you then they will give you money.
94. It is wrong to bail in business or take out bankruptcy – NO MATTER WHAT or no matter how much I have to suffer.

BELIEFS ABOUT MARTHA STEWART (when she went to jail) & PEOPLE LIKE HER

1. It was despicable of her. After all she was a billionaire.
2. She lost her integrity.
3. She's worth billions so why would she do that?
4. She deserved what she got!
5. I think it's funny that she got caught and plays the motherly role and a cook, etc. and then she ends up in jail. Pretty ironic! (In other words, she is a fake! Or people with that kind of money & success must be fake.)

Now, I am going to tell you the shocking part. And this next sentence may really challenge you and your beliefs, so prepare yourself.

If any of the above beliefs belong to you, I am going to make you a promise and accurate prediction. Here it is:

“Forget about being wealthy or financially independent BECAUSE IT WILL NEVER HAPPEN!”

“And if by a quirk of luck, you get money, you will lose it or end up as you were before!”

Yes, you read it right.

Listen, I'm not saying that to be mean, or heartless, or to judge or blame you for having them.

I had a lot of them too...

I say that very bluntly because if you think you can hold on to any of those beliefs and still become wealthy... It simply will never happen. You won't allow it to. Whether consciously or subconsciously.

But, don't despair. Because I am here to help you leave each of these beliefs at the door so you can enter into the room of financial freedom. Take my hand and I'll lead you gently into an entire new life.

3. TRUTHS

Let me share some truths with you.

GUESS WHAT?

Money isn't evil!

Money doesn't have a mind of its own.

Money doesn't cause anything.

MONEY IS MERELY A MEDIUM OF EXCHANGE!

Let me repeat that: **MONEY IS MERELY A MEDIUM OF EXCHANGE!**
One value for another!

That's right!

Now for the exciting part!

I am going to give you new beliefs about money.

Please try them on and see how they feel.

Then if you choose to enter through the door and into the room of financial freedom, you choose to adopt them as your own.

4. NEW BELIEFS ABOUT MONEY

I invite you to consider taking these new beliefs below on as your own. I've even added a couple of my personal ones. Consider customizing them to you and your life. Just remember that the context of the belief should stay consistent with the ones below.

Make sure to read these out loud. And I would consider you read them every day first thing in the morning until these become part of your core beliefs.

If when reading them, some feel uncomfortable (which I guarantee some will), take note of that so you can visit it later.

Here they are:

- 1.** Money gives me freedom.
- 2.** Lots of money puts a big smile on my face.
- 3.** Money allows me to help my family and others to any degree I desire.
- 4.** I can do anything if I have an abundance of money.
- 5.** Creating money is fun.
- 6.** Money does make me happy! TELL ME one person that if I handed them \$100 bill wouldn't smile.
- 7.** I can create money!
- 8.** Using my Moment of Outrageous Mastery® (found in the Outrageous Mastery® trilogy at www.OutrageousMastery.com) to create money guarantees its creation.
- 9.** The Universe is magical! It opens doors we didn't know existed.
- 10.** I love nice things. Some times I love extravagant things.
- 11.** (My personal belief) I love riding in my Porsche. I love looking at it. I love owning it.
- 12.** (My personal belief) I love riding in my Jaguar. I love looking at it. I love owning it.

13. (My personal belief) I love my beautiful home and my beautiful furniture.
14. I love sharing my money - - BUT, I don't feel like I have to or should share it if I don't want to.

NEW BELIEFS ABOUT BUSINESS

As with the New Beliefs About Money, take note of any that make you feel uncomfortable, so that you can visit them later.

Here they are:

1. I deeply respect people who are successful in business.
2. I want to spend time with those who are successful in business.
3. I love successful business people. They excite me.
4. I celebrate their successes. I get excited when they succeed.
5. I jump on every opportunity in my business to create money.
6. I believe in taking calculated risks with money.
7. I have many opportunities to make money.
8. I love creating money.
9. I love business! It excites me.
10. (My personal belief) My business succeeds in proportion to my consistently doing my Moment of Outrageous Mastery® (found in the Outrageous Mastery® trilogy at www.OutrageousMastery.com)
11. (My personal belief) The products I sell and ask people to invest in are worth 100 times more than I charge.
12. (My personal belief) My products change lives – dramatically.
13. If you pay for something you value it much more.
14. I love growing my wealth!
15. I know my level of wealth will grow by leaps and bounds and continually rise.
16. (My personal belief) There are a zillion ways to make money and I plan on implementing as many as I can.
17. I celebrate almost everyone's financial success.
18. If you are successful, it means I can and will be successful.
19. Making money is fun!
20. I am good at creating money!
21. I am a good entrepreneur.
22. I have no problem promoting myself and my business!

23. You can have your cake and eat it too!

24. T. Harv Eker in his best selling book, “Secrets of the Millionaire Mind” said this, “Rich people believe you can have your cake and eat it too.” Middle-class people believe “Cake is too rich, so I’ll only have a little piece.” Poor people don’t believe they deserve cake, so they order a doughnut, focus on the hole, and wonder why they have “nothing.”

NEW BELIEFS ABOUT WEALTHY PEOPLE

Here they are:

1. They are the ones I want to learn from.
2. I admire them.
3. I cheer and celebrate their successes.
4. I love that they have found the way to wealth.
5. I want to do what they did.
6. They have feelings just like everyone else.
7. They are real people.
8. They have the power to help more people than anyone else.
9. They are the ones changing the world and making a difference.
10. They are the movers and shakers.
11. (My personal belief) Their genius makes my life better. For example: Steve Jobs (the founder of Apple) gave me my awesome Macintosh computers, my IPOD, and my IPHONE.
12. Wealthy people are wealth creators and I love spending time around them, reading about them and emulating them.
13. I admire and respect successful people.

MY BELIEFS ABOUT MARTHA STEWART

- 1.** She is a hero!

Are you shocked?

Martha Stewart is a hero. Look at the companies she has built and the incredible success she has had. Having worked in the securities industry, I know of the corruption and what she did or didn’t do is nothing compared to what goes on there. Not to justify anything she may have done wrong but she was used as an example because of her unusual success.

Then she went to prison, served her time, came out holding her head high (could you do that?) and went on to build several more successful businesses.

Yes, she is a hero!

5. CHOOSE TO ENTER THE DOOR

If you are thinking that these beliefs are just too “way out” for you and you couldn’t adopt them as your own - - - then you just locked the door to the room of financial freedom - - - and you won’t be entering it.

REMEMBER, I have just invited you into the room where the wealthy dwell.

Do you want in or not?

You won’t be evil by coming in!

On the contrary, you will be able to play with life. You will discover a freedom and peace you never knew existed.

GIVE UP THE LIES OTHERS HAVE TOLD YOU ABOUT MONEY.

They came from a scarcity belief system or from fear or from jealousy or envy or from a misunderstanding about God.

CHOOSE not to live in jealousy, fear and envy or bloated self-righteousness
RIGHT NOW!

MAKE A DECISION.

DO YOU WANT IN OR NOT?

Remember what I said at the beginning?

People have NO CLUE that their lives are CONTROLLED BY THEIR BELIEFS!

You now know this! And you have the knowledge and guidance to change your financial situation. Do you know how privileged you are to learn this?

The many so-called “righteous” who falsely think they are so spiritual and wonderful because they live poor lives are living a fantasy.
And that fantasy - - isn’t all that fun!

It is just a mind-game that makes them feel good about their lack of success.
It is a way to justify their way of living.

MONEY IS PURE POSSIBILITY!! And nothing else!

IT IS AN EXCHANGE FOR VALUE! THAT IS ALL IT IS!!

WHERE DID ALL THESE CRAZY JUDGMENTS COME FROM?

WEALTHY PEOPLE DO WHAT IS UNCOMFORTABLE! THEY TAKE RISKS. THEY SUFFER. THEY CRY. THEY HAVE SELF-IMAGE ISSUES. THEY ARE HUMAN.

When and if you “make it” financially, do you want other’s judging you the way you have judged them?

WE ATTRACT WHAT WE LOVE!!!!!!!!!! PURE & SIMPLE

HATING & JUDGING RICH PEOPLE is a surefire way to keep money away from you!

GIVE UP THE JUDGMENTS! THEY KEEP YOU STUCK!

BECOME A CREATOR RIGHT NOW by creating a new set of beliefs that will allow you to create wealth -- -- and ENJOY THE PROCESS!

USE YOUR GOD-GIVEN POWER to cleanse your system of any hate, anger and jealousy that may linger within!

COME JOIN ME IN THE ROOM WHERE ALL THINGS ARE POSSIBLE! It is time to become the person you were meant to be!

It is time to experience a NEW LIFE - - - the one you have dreamt of.

And it is your opportunity to change the lives of generations after you!

Don’t pass on DEAD-END BELIEFS anymore!

PASS ON POWER & LOVE & POSSIBILITY!

Give the generations that follow you a gift that will change everything!

COME INTO THE ROOM – **RIGHT NOW** - WHERE ALL THINGS ARE POSSIBLE!

To enter you must leave your old worn-out, dead-end beliefs at the door and you must adopt new ones as you enter.

AGAIN, beliefs run deep inside us - - so the best way to remove & replace them is to not speak of them again.

THEN add your new beliefs to your Moment of Outrageous Mastery® (found in the Outrageous Mastery® trilogy at YourHomeForMastery.com , the most powerful process to create quickly and powerfully - - and the most dramatic way to quickly remove old beliefs and cement new ones into your cells and bones).

ENJOY THE RIDE!
MAKE IT FUN!

In Love and Mastery
Sasha Xarrian
[Outrageous Mastery](http://YourHomeForMastery.com)

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